

Welcome Patriots!

Are you ready to start earning your Back2Back Ministries patch? Just complete the steps below, and prepare to **GO, SERVE** and **LOVE** orphaned and vulnerable children around the world.

1 Read “**Relentless Hope**” by Beth Guckenberger.

2 Choose **two** of the following:

- Write a reflective journal entry (a page or two) about one orphaned or vulnerable child’s story that impacted you. Feel free to be creative. Record your thoughts, pray, and maybe even draw a picture or write a poem!
- Answer the following discussion questions with your family or Unit: *Which story/stories impacted you the most and why? Did you relate to one of the stories? If so why? Do you feel there is something God is putting on your heart or nudging you to pray about or do? Have you ever developed a relationship with or served an orphaned or vulnerable child? Would you want to go on a mission trip to serve orphaned and vulnerable children? Why?*
- Complete the “Healing Bags” activity from “Tales of the Ones He Won’t Let Go”.
- **Supplies:** Large resealable plastic bags, samples of toiletries and personal hygiene items, tissues, small mirrors, small brushes, clothing, small Bibles, Scripture list, candy, gum, and gift cards.
- **Activity:** Make healing bags that can be donated to your local hospital, children’s home, or women’s shelter. The kids can help organize the bags and/or make or bring things to go in them. Here are some ideas of things to put in the bag: bracelets (girls could make), clothing in various sizes (include new underwear and sports bras), new socks, small Bibles, devotional pamphlets or gift books (or ones made by girls), list of favorite scriptures, hard candy, gum, and gift cards.
- **Follow this link** to choose a young girl served by Back2Back who shares your birthday month, or to whom you feel called, and come alongside her in prayer every day for one month.
- Recruit your Troop and some friends and family members to collect their spare change in a Ziplock® bag for two months. When the two months is over, collect the baggies and ask a parent/caregiver help you wrap the coins or take them to a coin sorter to exchange for cash. Submit the money you have raised to Back2Back Ministries Care Fund, which will directly and holistically impact orphaned and vulnerable children in four countries around the world!

3 Watch three short Trauma Competent Caregiver training videos: **Fear, Trauma and the Brain**, and **Indiscriminate Friendliness**.

4 Watch Back2Back’s “**Belief Systems**” video.

5 Choose **one** of the following:

- Reflectively journal about your own belief systems. What has been added to your belief system that is good? What had been added that is bad? How does learning about your beliefs affect the way you view your friends and the other students you may go to school with?

- Present “Belief Systems” to your Troop, with the assistance of a Troop leader if need be. Watch the video as many times as you need. Talk with your Troop leader to determine when you can present it.
- **Supplies:** Popcorn, M&M’s®, mini marshmallows, pretzels, nuts (make sure there are no allergies in your troop) egg, vinegar, gravel, sticks, nails, large bowl, paper and marker to make labels, 10 small cups, napkins.
- Answer these discussion questions with your family or Unit. *What is indiscriminate friendliness? What is the appropriate way to greet a child who you are meeting for the first time on a mission trip? What are of the brain do children from chaotic environments and hard places operate in? What are some of the hard places children can come from? What form of trauma affects the brain most negatively?*

6 Complete the Back2Back Ministries “[I Am for You](#)” Bible study guide. Read all 10 days and answer the study guide questions.

Finished all your steps? Congratulations! [Click here](#) to order your Back2Back Ministries Patch. If you want to learn more about orphaned and vulnerable children, or the opportunity for your Troop to serve on a Back2Back Ministries trip, email our Mission Trip department at missiontrips@back2back.org

Resources:

- [“Relentless Hope”](#) by Beth Guckenberger
- Trauma Competent Caregiver training videos:
 - [Fear](#)
 - [Trauma and the Brain](#)
 - [Indiscriminate Friendliness](#)
 - [Belief Systems](#)
- [Learn more about the Back2Back Ministries Patch Program.](#)