



THE CONNECTING PRINCIPLES CHART

Caregivers and children work together

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Back2Back India started Trauma Competent Caregiver Training for caregivers in July, 2015. From the 7 Essential Skills of Trauma Informed Care and Trust Based Relational Intervention® (TBRI), so far, we have covered empowering principles, connecting principles and correcting principles.

A Very Connecting Idea

After the most recent training, we decided to put the connecting principles on picture charts where they would be visible in the home. It would help serve as a reminder to caregivers to put them into practice every day. Caregivers and the boys from the home worked to make this chart with visuals for all to see. They involved the children in the process, finding pictures for each principle. In the midst of the activity, the caregivers didn't realize they were already practicing some of the principles from the training, such as eye contact, matching the child, praising them, friendliness and so on. This validated them as they made connections with children.

Making Progress on Incorporating Trauma Competent Caregiving Principles

We continued the training and introduced the Correcting Principles. They were able to understand about the behavior and its meaning exercise. We also introduced Life Value Scripts (LVS) to the caregivers. We explained how these short scripts would impact and redirect a child's misbehavior. They even did some role plays.

Some of the Life Value Scripts we covered were "stick together, no hurts, have fun", and "be kind and gentle." We know that for the TCC principles to be successful, the caregivers need to be fully involved. We shared that Back2Back site staff continue to reinforce these life scripts with the children in the Nurture Groups. We also meet weekly to touch base on the trauma competent care principles.